Winter/Spring 2008

Course	Instructor	No. Hrs.	Day of Week	Dates	Time	Date to Register	Type of Program	Course Fee
Active Isolated Stretching AIS	A. J. Maldonado	24	F/S/S	May 16, 17, 18	9a-6p	Apr 25	Wrkshp	$581
Acupressure	Malcolm McDonald	40	S/S Tue	Jun 7, 8, Jul 19, 20 and Jun 10, 17, 24, Jul 1, 8	10 – 5p and 7 – 10p	May 16	CBW	$871
Anatomy/Kinesiology Option 1	Larry Munn	36	Tue	Jan 29, Feb 5, 12, 19, 26, Mar 4, 11, 18, 25, Apr 1, 8, 15	7-10p	Jan 8	CMT	$784
Anatomy/Kinesiology Option 2	Larry Munn	36	Tue and Sat	May 6, 13, 20, 27 and Jun 3, 10, 17, 24 and Jun 7, 14	7-10p 10a-5p	Apr 15	CMT	$784
Advanced Palpatory Anatomy	Larry Munn	36	S/S	Mar 22, 23, Apr 5, 6, 19, 20	10a-5p	Feb 29	ABW	$784
Biomechanics & Ergonomics	Ann Grassel	18	Wed	May 7, 14, 21, 28, Jun 4, 11	7-10p	Apr 16	CBW	$392
Building Your Practice	Corinna Kavanagh	15	Thur	Apr 3, 17, May 1, 15, 29	7-10p	Mar 13	ABW	$327
Carpal Tunnel & Wrist Problems	Larry Munn	6	Tue	Apr 22, 29	7-10p	Apr 1	Wrkshp	$145
Chi Gung	Steve Seto & Shana Walt	18	Mon	Jan 28, Feb 4, 11, 18, 25, Mar 3	7 -10p	Jan 7	CMT	$392
Clinic Orientations	Clinic Supervisor	1	Fri	Jun 13	7-9p		All	FREE
CMT Intensive At The Healus Center		140	3 wks	July 7 - 27 An August Intensive may be added if sufficient demand exists.	9a- 9p		CMT	Call for Info
CMT – SE Intensive At The Moving On Center		197	5 wks	July 6 – Aug 8	8a- 4p		CMT	Call for Info
CBW Level I Option 1	Elizabeth Seymour	27	Mon	Jan 14, 21, 28, Feb 4, 11, 18, 25, Mar 3, 10	7-10p	Dec 21	CMT	$589
CBW Level I Option 2	Ginger Inglis	27	S/S Sun	Mar 15, 16, 29, 30, and Mar 23	10a-5p and 10-1p	Feb 22	CMT	$589
CBW Level I Option 3	Dana Rose Arevalo	27	Mon	Apr 28, May 5, 12, 19, Jun 2, 9, 16, 23, 30	7-10p	Apr 7	CMT	$589
CBW Level II Option 1	D. Arevalo & Gretchen Grace	24	Tue	Feb 5, 12, 19, 26, Mar 4, 11, 18, 25	7-10p	Jan 15	ABW	$523
CBW Level II Option 2	G. Inglis, or D. Arevalo	24	Tue	May 6, 13, 20, 27 Jun 3, 10, 17, 24	7-10p	Apr 15	ABW	$523
CBW Level III	G. Inglis, or J. Olivier	27	Thur	Mar 13, 20, 27, Apr 3, 10, 17, 24, May 1, 8	7-10p	Feb 21	CBW	$589
Counseling for BodyWorkers	Michelle Leuschen	6	Sun	Apr 6	10a-5p	Mar 14	CMT	$145
Deep Tissue I	Michael McFarland	37	S/S, Fri Sat	Feb 23, 24, Mar 8, 9, and Feb 22, Mar 7, and Mar 29	10a-5:30p 7 - 9:15p 10a-5:30p	Feb 1	ABW	$805
Deep Tissue II: Assessment Strategies & Integration	Michael McFarland	24	S/S	May 3, 4, 24, 25	10a-5p	May 11	Y ABW	$581
Emotional Energetic Tune-Ups	Jocelyn Olivier	9	Thur	Jan 17, 24, 31	7-10p	Dec 27	CBW	$218
Establishing A Business Option 1	Corinna Kavanagh	5	Sun	Apr 27	10a-4p	Apr 6	CMT	$121

Schedule of Courses

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Establishing A Business Option 2	Corinna Kavanagh	5	Sun	Jun 22	10a-4p	May 30	CMT	$121
Establishing A Business Option 3 - Intensive	Corinna Kavanagh	5	Sun	Jul 27	10a-4p	Jul 3	CMT	$121
Ethics & Communication	Corinna Kavanagh	12	Tue	Jan 8, 15, 22, 29	7-10p	Dec 11	CBW	$290
Face & Head	Patricia Wiltse	3	Mon	May 19	7-10p	Apr 28	Wrkshp	$73
Facilitating Function	Pamela Johnson	15	F/S/S	Mar 7 and Mar 8, 9	7 -10p and 10a-5p	Feb 15	CMT	$327
Hilot Therapy FREE INTRO	Jeff Cohen	2	Thur or Wed	Feb 28 or Apr 2	7-9p 7-9p		Infrml	FREE
Hilot Therapy	Jeff Cohen	18	F/S/S	May 2, 3, 4	10a – 5p	Apr 11	Wrkshp	$392
Integrative Lymph & Visceral Massage	Patricia Wiltse	26	S/S	Apr 26, 27 May 10, 11	10a – 5:30p	Apr 4	ABW	$567
Massage Ergonomics Option 1	Corinna Kavanagh	6	Thur	Feb 7, 14	7-10p	Jan 17	CMT	$145
Massage Ergonomics Option 2	Corinna Kavanagh	6	Sat	Mar 22	10a- 5p	Feb 29	CMT	$145
Massage Ergonomics Option 3	Dana Rose Arevalo	6	Thur	May 15, 22	7-10p	Apr 24	CMT	$145
Myofascial Release Techniques	Dana Rose Arevalo	12	S/S	Apr 12, 13	10a-5p	Mar 21	CBW	$290
Advanced Myofascial Techniques: The Spine, Ribs & Low Back	George Sullivan	12	S/S	Apr 26, 27	9:30a-5:30p		Cert	$325
Advanced Myofascial Techniques: : Neck & Head	Til Luchau or Larry Koliha	6	Fri	Jun 20	9:30a-5:30p		Cert	$175
Advanced Myofascial Techniques: TMJ/Headaches	Til Luchau or Larry Koliha	12	S/S	Jun 21, 22	9:30a-5:30p Add Friday's class and save $50		Cert	$325 $450
National Exam Study Group	Josephine Bellisi	12	Tue	Mar 25, Apr 1, 8, 15	7-10p	Mar 4	CMT	$290
NMR Basic Muscle Testing	Dana Rose Arevalo	6	Fri	Jan 18	10a-5p	Dec 20	Wrkshp	$145
NeuroMuscular Reprogramming (NMR)	Jocelyn Olivier, Dana Rose Arevalo, Boris Vilner	72	S/S, Sun Wed	Jan 19, 20, Feb 3, 17, Mar 2, 16, 30 & Jan 23, 30, Feb 6, 13, 20, 27, Mar 5, 12, 19, 26	10a- 5p 7-10p	Dec 19	Cert	$1,916
NMR FREE INTRO	Jocelyn Olivier	2	Thur	May 8	7-9p		Infrml	FREE
Basic Muscle Testing (NMR Prep)	Dana Rose Arevalo	6	Wed	Jun 25	10a-5p	May 21	Wrkshp	$145
NeuroMuscular Reprogramming (NMR)	J. Olivier, D. Arevalo B. Vilner L. Munn	72	Thurs, Fri, Sat, and Sun	Jun 26, 27, 28, 29, Jul 24, 25, 26, 27, Aug 21, 22, 23, 24	10a- 5p	May 22	Cert	$1,916
NMR, Advanced	J. Olivier D. Arevalo	30	S/S F/S/S	Jan 12, 13, and Feb 8, 9, 10	10a- 5p	Dec 21	Cert	$594
NMR Scoliosis	Jocelyn Olivier	12	S/S	Apr 19, 20	10a-5p	Mar 28	CBW	$290
OnSite Massage	Jocelyn Olivier	12	S/S	Jun 7, 8	10a-5p	May 16	CBW	$290

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OPEN HOUSE Option 1	Staff	2	Thur	Jan 10	7-9p		Infrml	FREE
OPEN HOUSE Option 2	Staff	2	Mon	Mar 10	7-9p		Infrml	FREE
OPEN HOUSE Option 3	Staff	2	Thur	May 29	7-9p		Infrml	FREE
OPEN HOUSE Option 4	Staff	2	Thur	Jun. 26	7-9p		Infrml	FREE
Orientation Option 1	Staff	2	Wed	Jan 16	7-9p		CMT	FREE
Orientation Option 2	Staff	2	Fri	Mar 14	7-9p		CMT	FREE
Polarity I Option 1	Bridget Ahern	24	Wed	Feb 13, 20, 27, Mar 5, 12, 19, 26, Apr 2	7-10p	Jan 23	CMT	$523
Polarity I Option 2	Jeremy Rothenberg	24	Wed	May 14, 21, 28 June 4, 11, 18, 25, July 2	7-10p	Apr 23	CMT	$523
Polarity I Intensive	Jeremy Rothenberg	24	S/S	July 12, 13, 19, 20	10a- 5p	Jun 20	CMT	$523
Pregnancy Massage FREE INTRO	Blackwolf & Langevin-King	2	Thur	Feb 21	7-9p		Infrml	FREE
Pregnancy Massage, An Introduction	Lois Langevin-King	6	Sat	Mar 15	10a-5p	Feb 22	CBW	$145
Pregnancy Massage Certification	Mahriah Blackwolf	33	F/S/S F/S/S	May 30, 31, Jun 1, and Jun 27, & Jun 28, 29	10a-5p and 2-5p & 11a-5p	May 9	Cert	$690
Reflexology Option 1	Trish Cooke-Padilla	15	Wed	Apr 9, 16, 23, 30, May 7	7-10p	Mar 19	CMT	$327
Reflexology Option 2	Gretchen Grace	15	F/S/S	Apr 11 and Apr 12, 13	7 -10p and 10a-5p	Mar 21	CMT	$327
The Shoulder: Advanced	Jocelyn Olivier	6	Sat	Apr 26	10a-5p	Apr 4	Wrkshp	$145
SPI - Quality of Touch	mix	3	Thur	Mar 6	7-10p	Feb 14	CBW	$73
SPI - Energy & Structure	mix	3	Thur	May 22	7-10p	May 1	CBW	$73
Sports Injury	Bob Gazso	18	F/S/S	Jul 11, 12, 13	10a- 5p	Jun 20	CBW	$392
The Therapeutic Relationship	Michelle Leuschen	18	F/S/S	May 16, 17, 18	10a- 5p	Apr 25	CBW	$392
Trigger Point Release	Michael Westgate	12	S/S	Jan. 12, 13	10a- 5p	Dec 21	CBW	$290
Unwinding	Dana Rose Arevalo	6	Fri	Apr 11	10a- 5p	Mar 21	CBW	$145

Enrich your life. Become a part of the Alive & Well! Community!