

Schedule of Courses

Fall 2005

Course	Instructor	No. Hrs.	Day of Week	Dates	Time	Date to Register	Type of Program	Course Fee
Active Isolated Stretching	TBA	12	S/S	Jul 23, 24	10a- 5p	Jul 1	Wrkshp	\$300
Anatomy	Gus London	18	Tue	Sep. 20, 27, Oct 4, 11, 18, 25	9:30a-12:30p	Aug. 3	CMT	\$648
Kinesiology	Gael Thompson	18	Tue	Nov. 1, 8, 15, 29, Dec 6, 13	9:30a-12:30p	Inclsv	CMT	Inclsv
Anatomy	Gus London	18	Tue	Oct 4, 11, 18, 25, Nov 1, 8	7-10p	Sep. 13	CMT	\$648
Kinesiology	Gael Thompson	18	Tue	Nov 15, 22, 29, Dec 6, 13, 20	7-10p	Inclsv	CMT	Inclsv
Anatomy/ Kinesiology	Larry Munn	36	Sat	Nov 5, 12, 19, Dec 3, 10, 17	10a-5p	Oct. 14	CMT	\$648
Advanced Palpatory Anatomy	David Weinstock	36	S/S	Oct 15, 16, 29, 30, Nov 12, 13	10a-5p	Sep. 23	ABW	\$648
Biomechanics & Ergonomics	Ann Grassel	18	Tue	Jan. 10, 17, 24, 31, Feb 7, 14, '06	7-10p	Dec. 20	CBW	\$324
Body Psychology	Tiahna Skye	12	Thur	Oct 20, Nov 3, 17, Dec 1	7-10p	Sep. 29	CBW	\$240
Brain Function	Gale Ulvang	12	Mon	Oct 3, 10, 17, 24	7-10p	Sep. 12	CBW	\$240
Brain Funct LAB	Gale Ulvang	2	Mon	Oct. 31	7-9p	Oct. 10	CBW	\$30
Breast Health, Massage for	Patricia Wiltse	12	S/S	Dec. 3, 4	10a-5p	Nov. 11	MBW	\$240
Building Your Practice	Corinna Kavanagh	15	Thur	Sep. 22, Oct 6, 20, Nov 3, 17	7-10p	Sep. 1	ABW	\$270
Clients with Cancer, Massage for	Jnani Chapman	12	S/S	Sep. 10, 11	10a-5p	Aug. 19	Wrkshp	\$240
Carpal Tunnel	David Weinstock	6	Tue	Nov. 29, Dec 6	7-10p	Nov. 8	MBW	\$120
Clinic Orientation S. 1	Clinic Sprvsr	1	Tue	Oct. 25	2:30-3:30p	n/a	All	FREE
Clinic Orientation S. 2	Clinic Sprvsr	1	Mon	Nov. 21	Noon -1p	n/a	All	FREE
Clinic Orientation S. 3	Clinic Sprvsr	1	Tue	Dec. 6	6-7p	n/a	All	FREE
CBW Level I S. 1	Ginger Inglis	27	Mon	Sep. 19, 26, Oct 3, 10, 17, 24, 31, Nov 7, 14	9:30a-12:30p	Aug. 29	CMT	\$486
CBW Level I S. 1 LAB	Ginger Inglis	2	Mon	Nov. 21	9:30-11:30a	Oct. 31		\$30
CBW Level I S. 2	Dana Rose Arevalo	27	Mon	Oct. 3, 10, 17, 24, Nov 7, 14, 21, 28, Dec 5	7-10p	Sep. 12	CMT	\$486
CBW Level I S. 2 LAB	Dana Rose Arevalo	2	Mon	Oct. 31	7:30-9:30p	Oct. 10		\$30
CBW Level I S. 3	Elizabeth Seymour	27	Sat	Sep. 17, 24, Oct 8, 22 and Oct 1	10a-5p and 10a-1p	Aug. 26	CMT	\$486
CBW Level I S. 3 LAB	Elizabeth Seymour	2	Sat	Oct. 1	2-4p	Sep. 9		\$30
CBW Level II S. 1	mix	24	Tue	Sept. 27, Oct 4, 11, 18, 25, Nov 1, 8, 15	7-10p	Aug. 30	ABW	\$432
CBW Level II S. 1 LAB	Ginger Inglis	2	Tue	Nov. 22	7-9p	Oct. 25	ABW	\$30
CBW Level II S. 2	mix	24	Thur	Oct. 20, 27, Nov 3, 10, 17, Dec 1, 8, 15	9:30a-12:30p	Sep. 29	ABW	\$432
CBW Level II S. 2 LAB	Corinna Kavanagh	2	Thur	Dec. 22	10a-12p	Dec. 1	ABW	\$30
CBW Level III	Ginger Inglis	27	Mon	Sept 12, 19, 26, Oct 3, 10, 17, 24, 31, Nov 7	7-10p	Aug. 22	CBW	\$486
CBW Level III LAB	Ginger Inglis	2	Mon	Nov. 14	7-9p	Oct. 24	CBW	\$30
Conscious BreathWork	Steve Sisgold	6	Sun	Oct. 30	10a-5p	Oct. 7	CBW	\$120
Conscious Movement	Gael Thompson	18	Wed	Nov. 2, 9, 16, 30, Dec 7, 14	7-10p	Oct. 12	CBW	\$324
Cons. Studies FREE INTRO	Suresha Hill	2	Tue	Jul. 12	7-9p	n/a	Wrkshp	FREE
Consciousness Studies	Suresha Hill	18	S/S	Aug. 6 - 8	10a-5p	Jul. 15	Wrkshp	\$295
Counseling Session 1	Tiahna Skye	6	Sat	Oct. 15	10a-5p	Sep. 23	CMT	\$120
Counseling Session 2	Tiahna Skye	6	Sun	Dec. 11	10a-5p	Nov. 18	CMT	\$120
Cranio Sacral	David Weinstock	24	Fri,S/S	Feb. 10, 11, 12, '06	9a-6p	Jan. 20	CBW	\$480
Cranio Sacral LAB	Jean Cooper	2	Mon	Feb. 20, '06	7-9p	Jan. 30	CBW	\$30
Deep Tissue	Michael McFarland	37	Wed Fri,S/S	Sep. 21, 28, Oct. 5, 12, 19, 26, and Sep. 30, Oct. 1, 2	7-10p 10a-5p	Aug. 31	ABW ABW	\$666

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DeeperWork FREE INTRO	Joel Hillman	2	Thur	Aug. 11	7-9p	n/a	Wrkshp	FREE
DeeperWork 101	Joel Hillman	12	S/S	Sept. 24, 25	10a-5p	Sep. 2	Wrkshp	\$264
Emotional Energetic Tune-Ups	Jocelyn Olivier	9	Thur	Jan. 19, 26, Feb 2, '06	7-10p	Dec. 29	CBW	\$180
Emotional Energetic Tune-Ups LAB	Jocelyn Olivier	2	Thur	Feb. 9, '06	7-9p	Jan. 19	CBW	\$30
Establishing A Business S. 1	Corinna Kavanagh	5	Sun	Nov. 6	10a-5p	Oct. 14	CMT	\$100
Establishing A Business S. 2	Corinna Kavanagh	5	Sun	Jan. 8, '06	10a-5p	Dec. 16	CMT	\$100
Ethics & Communication	Tiahna Skye	12	Wed	Jan. 11, 18, 25, Feb 1, '06	7-10p	Dec. 21	CBW	\$240
Face & Head	Patricia Wiltse	3	Mon	Dec. 5	7-10p	Nov. 14	MBW	\$60
Healus FREE LECTURE SERIES	Varies	3	Fri	Sep. 30, Oct 28, Dec 2	6-9p	n/a	Infrml	FREE
Integrative Lymph & Visceral Massage	Patricia Wiltse	26	Fri,S/S	Sep. 16, 17, 18	9a-6p	Aug. 26	ABW	\$468
Massage Ergonomics	Corinna Kavanagh	6	Sun	Oct. 23	10a-5p	Sep. 30	CMT	\$120
Massage Ergonomics	Dana Rose Arevalo	6	Sat	Nov. 19	10a-5p	Oct. 28	CMT	\$120
Massage Laws in Marin FREE INTRO	Kate Kinsey	3	Mon	Jun. 20	6-9p	n/a	Infrml	FREE
Myofascial Release Techniques	Gale Ulvang	12	S/S	Oct. 8, 9	10a-5p	Sep. 16	CBW	\$240
Adv. Myo Tech: Neck, Jaw & Head	Til Luchau or Lary Koliha	12	S/S	Nov. 5, 6	9:30a-5p	Oct. 6	Wrkshp	\$250
Adv. Myo Tech: Spine & Lower Back	Til Luchau or Lary Koliha	12	S/S	Feb. 4, 5, '06	9:30a-5p	Jan. 5	Wrkshp	\$250
Adv. Myo Tech: Shoulder Girdle & Arm	Til Luchau or Lary Koliha	12	S/S	May. 6, 7	9:30a-5p	Apr. 6	Wrkshp	\$250
NMR FREE INTRO	Jocelyn Olivier	2	Tue	Oct. 18	7-9p	n/a	Infrml	FREE
NMR Prep Course	Dana Rose Arevalo	6	Fri	Nov. 18	10a-5p	Oct. 28	CBW	\$120
NeuroMuscular Reprogramming (NMR)	J. Olivier, G. Ulvang, D. Arevalo D. Weinstock	72	S/S, Sun Wed	Nov. 19, 20 Dec 4, 18, Jan 15, 29, Feb 12 and Dec 7, 14, Jan 4, 11, 18, 25, Feb 1, 8, 15, 22	10a- 5p and 7-10p	Oct. 28	CBW	\$1,584
NMR Tutorials	Gale Ulvang	3	Mon	Sep. 19, Oct 17, Nov 14	7-10p	n/a	Wrkshp	\$25 ea
NeuroPhysiology of Touch	Gus London	12	Mon	Nov 7, 14, 21, 28, Dec 5, 12	7-9p	Oct. 17	CBW	\$240
OnSite Massage	Jocelyn Olivier	12	S/S	Jan. 21, 22, '06	10a- 5p	Dec. 30	CBW	\$240
OPEN HOUSE S. 1	Staff	2	Mon	Aug. 22	7-9p	n/a	Infrml	FREE
OPEN HOUSE S. 2	Staff	2	Wed	Sep. 14	7-9p	n/a	Infrml	FREE
OPEN HOUSE S. 3	Staff	2	Thur	Oct. 27	7-9p	n/a	Infrml	FREE
OPEN HOUSE S. 4	Staff	2	Thur	Dec. 8	7-9p	n/a	Infrml	FREE
OPEN HOUSE S. 5	Staff	2	Thur	Jan. 12, '06	7-9p	n/a	Infrml	FREE
Original Wave FREE INTRO	Madalyn Suozzo	2	Thur	Sep. 8	7-9p	n/a	Infrml	FREE
Polarity S. 1	Reza Farhang	24	Wed	Sep. 21, 28, Oct. 12, 19, 26, Nov 2, 9, 16	9:30a-12:30p	Aug. 31	CMT	\$432
Polarity S. 2	Bridget Ahern	24	Wed	Oct 5, 12, 19, 26, Nov 9, 16, 30, Dec 7	7-10p	Sep. 14	CMT	\$432
Polarity LAB	Bridget Ahern	2	Wed	Dec. 14	7-9p	Nov. 23	ABW	\$30
Pregnancy Massage FREE INRO	Mahriah Blackwolf	2	Thur	Sep. 29	7-9p	n/a	Infrml	FREE
Pregnancy Massage 1	Mahriah Blackwolf	18	S/S, Mon	Nov. 12, 13, 14	10a-5p	Oct. 21	Cert	\$360
Pregnancy Massage II, Alignment	Mahriah Blackwolf	11	Sat/Sun	Aug. 20 and Aug. 21	9a - 5p and 9a - 1p	Jul 29	Cert	\$210

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Pregnancy Massage II, LAB	Mahriah Blackwolf	2	Sun	Aug. 21	2:30 - 4:30 pm	Jul 29	Cert	\$20
Prim Orient S.1	Staff	2	Fri	Sept. 16	10a-Noon	n/a	Infrml	FREE
Prim Orient S.2	Staff	2	Thur	Sept. 22	7-9p	n/a	Infrml	FREE
Prim Orient S.3	Staff	2	Thur	Oct. 6	7-9p	n/a	Infrml	FREE
Prim Orient S.4	Staff	2	Mon	Jan. 9	7-9p	n/a	Infrml	FREE
Reflexology	Trish Cooke-Padilla	15	Sun Sun	Sept. 25, and Oct. 2, 9	10a-1p and 10a-5p	Sep. 2	CMT	\$270
Reflexology	Gretchen Grace	15	Fri,S/S	Dec. 16 and Dec. 17, 18	7-10p and 10a-5p	Nov. 25	CMT	\$270
Reflexology	Gretchen Grace	15	Thur	Oct. 20, 27, Nov 3, 10, 17	7-10p	Sep. 29	CMT	\$270
SPI Session 1	Gale Ulvang	3	Fri	Oct. 14	7-10p	Sep. 23	CBW	\$60
SPI Session 2	Tiahna Skye	3	Fri	Nov. 11	7-10p	Oct. 21	CBW	\$60
SPI Session 3	Jocelyn Olivier	3	Fri	Dec. 9	7-10p	Nov. 18	CBW	\$60
Sports Injury	Kevin Shanahan	18	S/S	Feb. 25, 26, Mar 11, '06	10a- 5p	Feb. 3	CBW	\$324
Sports Injury LAB	Kevin Shanahan	2	Wed	Mar. 15, '06	7-9p	Feb. 22	CBW	\$30
Supervision for BodyWorkers	Tiahna Skye	3	Fri	Sept. 16, Oct 21, Nov 18, Dec 16	7-10p	n/a	Wrkshp	\$28 ea
Stretching & Massage	Tim Holt	6	Mon	Dec. 12, 19	7-10p	Nov. 21	MBW	\$120
Therapeutic Relationship	Tiahna Skye	12	Thur	Sept 15, 22, Oct 6, 13	7-10p	Aug. 25	CBW	\$240
Transformational Breathwork	Steve Sisgold	3	mix	Sept. 6, Oct 13, Dec 2, Jan 10	7-10p	n/a	Wrkshp	\$20 ea
Trigger Point Release	Kevin Shanahan	12	S/S	Jan. 28, 29, '06	10a- 5p	Jan. 6	CBW	\$240
Ultimate Pilates FREE INTRO	Janette Jones	2	Tue	Sept. 13	7-9p	n/a	Infrml	FREE
Ultimate Pilates	Janette Jones	6	Sat	Oct. 22	10a- 5p	Sep. 30	Wrkshp	\$200
Unwinding	Dana Rose Arevalo	6	Sat	Jan. 28, '06	10a- 5p	Jan. 6	CBW	\$120

New for Fall 2005

Advanced Myofascial Techniques
Neck, Jaw & Head: November 5th & 6th, 2005
Spine & Lower Back: February 4th & 5th, 2006
Shoulder Girdle & Arm: May 6th & 7th, 2006

Call to Enroll 415.258.0402